



Georgia Swimming will increase opportunity, recognition, and growth in competitive swimming. We believe that swimming provides life-changing experiences for young people.

**Gwinnett Aquatics (GA)**  
**GA 2024 Long Course Kickoff**  
**April 27-28, 2024**

<p><b>SANCTION:</b></p> <p><b>ATTESTATION:</b></p>	<p>Held under the sanction of USA Swimming, issued by Georgia Swimming Inc.,</p> <p><b>Sanction #:</b></p> <ul style="list-style-type: none"> <li>Article 202.4.3: Granted sanctions are non-transferrable to other organizations or clubs. Any such transferred sanction shall be void and the Sanction Committee shall deny any further sanctions to the organization or club violating this provision.</li> <li>In applying for this sanctioned event, the Host, Gwinnett Aquatics agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Georgia LSC, the State of Georgia, and local jurisdiction.</li> </ul>
<p><b>LIABILITY:</b></p>	<p>In granting this sanction it is understood and agreed that USA Swimming, Inc., Georgia Swimming, Inc., and “Host Club,” shall be free and held harmless from any liabilities or claims for damages or illnesses arising by reason of injuries to anyone during the conduct of the event.</p>
<p><b>MAAPP:</b></p> <p><b>Minor Athlete Abuse Prevention Policy</b></p>	<p><b>This meet will adhere to the current Minor Athlete Abuse Prevention Policy (“MAAPP”) set forth by USA Swimming.</b></p> <ul style="list-style-type: none"> <li>All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.</li> <li>A USA Swimming club that hosts a sanctioned USA Swimming swim meet indicates acknowledgement of USA Swimming’s Minor Athlete Abuse Prevention Policy (“MAAPP”).</li> <li>All USA Swimming members including athletes 18 and older and adults who interact with minor athletes at swim meets are expected to comply with the MAAPP policy.</li> <li>All chaperones, team managers, adult swimmers, meet directors, officials, and non-member parents and meet volunteers are expected to understand and comply with MAAPP.</li> <li>As the host club, you are responsible for ensuring that these individuals know about and comply with MAAPP.</li> </ul>
<p><b>ELIGIBILITY FOR TIME RECOGNITION TO THE SWIMS DATABASE</b></p>	<p><b>Effective September 1, 2022</b>, there will <b>NO</b> longer be a 30-day administrative grace period. Going forward, ANY 17-year-old athlete who has not completed the APT requirements by their 18<sup>th</sup> birthday <b>WILL NOT</b> be a USA Swimming member in good standing unless or until the APT requirement is completed. This includes eligibility to compete in USA Swimming sanctioned meets, club practices and all other related activities. Athletes will continue to receive an email notification reminder of the APT requirement 30 days prior to their 18<sup>th</sup> birthday as well as a reminder on their 18<sup>th</sup> birthday. ALL I+USA Swimming members aged 18 years old and older are required to complete APT annually. This is the individual’s responsibility and includes both athlete and non-athlete members.</p>
<p><b>REPORT DISCRIMINATION:</b></p>	<p>The Georgia LSC believes that there is no place for discrimination in the sport of swimming.</p>

<b>D, E, &amp; I = Reference / Informational Section</b>	<p>If you believe you are the victim of discrimination, you are encouraged to report the incident to USA-Swimming's Associate: Michelle Steinfeld, <a href="mailto:msteinfeld@usaswimming.org">msteinfeld@usaswimming.org</a>. Please provide a complete description of the incident as well as a way to contact you and/or other parties involved.</p> <p>For more information refer to <a href="http://gaswimming.org/diversity">gaswimming.org/diversity</a>. Starting on September 1, 2022, USA Swimming members can submit anonymously or on the record through plain text messaging at 888-270-SWIM (7946).</p> <p><b><u><a href="http://teamunify.com">Georgia Swimming LSC: D, E, &amp; I (teamunify.com)</a></u></b></p>
<b>Swimmers with a Disability:</b>	<p>Coaches entering swimmers with disabilities that require any accommodations or modifications, including the need for personal assistants and/or registered service animals must provide advance notice in writing, accompanying their meet entry file, to the meet referee by the entry deadline. Failure to provide advance notice may limit the host's ability to accommodate all requests. Coaches with swimmers with a disability (swads) competing must notify the Entry Chair with their entry and the Meet Referee prior to the meet.</p> <p>Coaches may use the Necessary Accommodation Form to satisfy this requirement.</p>
<b>MEET DIRECTOR:</b>	Hugh Convery / <a href="mailto:hugh@gwinnettaquatics.com">hugh@gwinnettaquatics.com</a>
<b>MEET REFEREE:</b>	Larry Norcini
<b>STARTER</b>	Kelly Jowers
<b>STROKE AND TURN #1:</b>	Jennifer Dunbar
<b>STROKE AND TURN #2:</b>	John Joiner
<b>ADMIN OFFICIAL</b>	Karin Mack
<b>MARSHALL 1 - FEMALE</b>	Caitlin Martin
<b>MARSHALL 2 - MALE</b>	Jacy MacConvery
<b>FACILITY:</b>	<p>Georgia Tech McAuley Aquatic Center Campus Recreation Center 750 Ferst Drive Atlanta, GA 30332</p> <p>This facility seats 1,900 and contains both a competition pool and diving well. The competition pool is 50 meter by 10 lanes, with two movable bulkheads so that courses can be set up for 25 yards or 25 meters. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming &amp; Georgia Swimming. The water depth of the pool is 9 1/2 feet at start end and 9 1/2 feet at turn end. (measured from a distance of 3' 3 1/2" (1.0 mtr) to 16'5" (5mtrs) from both end walls).</p>
<b>SCHEDULE:</b>	<p>Saturday Morning: 13&amp;Over Warm Up @ 9:30 AM; Meet Starts @ 10:30 AM</p> <p>Saturday Afternoon: 12&amp;Under Warm Up: No earlier than 1:45 PM; Meet starts: No earlier than 2:30 PM</p> <p>Sunday Morning: 13&amp;Over Warm Up @ 9:30 AM; Meet Starts @ 10:30 AM</p> <p>Sunday Afternoon: 12&amp;Under Warm Up: No earlier than 1:45 PM; Meet starts: No earlier than 2:30 PM</p>
<b>MEET FORMAT:</b>	<p><b>This is a long course meet. All events will be Timed Finals.</b> <b>Chase Starts may be used and, if so, the meet will run Fast to Slow. Otherwise, slow to fast except as noted for 400s.</b></p> <p>For chase starts odd heats will start from the diving well end and even heats will start from the scoreboard end.</p> <p><b>All 50's will start from the Scoreboard end of the pool.</b></p> <p>All events will be pre-seeded with the exception of the <b>400 Fr</b> and the <b>400 IM</b>. These events will require a positive check in. Positive check in is required for all deck seeded events <b>WITHIN</b> 30 minutes after the start of the session in which <b>THOSE</b> particular events <b>ARE</b> scheduled. The <b>400 Free</b> and the <b>400 IM</b> will swim <b>FAST to SLOW</b> and <b>may be limited to the fastest 20 swimmers of each gender of the 10U, 11-12, 13-14</b></p>

	<p><b>and 15 and Over age groups.</b>  <i>Meet Management may adjust session events and session start times to accommodate timelines.</i></p>
<b>ENTRY FEES:</b>	<p>\$10 per individual event plus \$15 facility surcharge per swimmer.  Late entries are double - \$20 per event.  \$3.00 GA LSC Travel Fund per athlete  A \$6.00 Ga travel surcharge applies to all non-Georgia LSC registered swimmers.</p>
<b>ELIGIBILITY:</b>	<p>Open to all 2023-24 swimmers registered with USA Swimming.  This meet will be conducted as defined above. All 2023 swimmers registered with USA Swimming and/or their respective FINA Federation, in good standing with their local national federation, will be allowed to compete.  All foreign delegations must submit documentation from their federation indicating athletes, coaches, and team support are members in good standing of their FINA affiliated federation.  “Host Club” will not allow unregistered swimmers, coaches, officials, or teams to participate in this meet. No swimmer will be permitted to compete unless the swimmer is a member in as provided in Article 302.</p>
<b>ENTRIES:</b>	<p>Swimmers may enter <b>four (4)</b> events per day. Meet may be limited to <b>325</b> swimmers per session however the Meet Management reserves the right to determine the final number based on the timeline.</p>
<b>CHECK IN:</b> <b>CLERK of COURSE</b>	<p>On site late entries will be permitted only if open lanes are available and will be seeded with NT. Deck entries close 30 minutes before the start of the session. No additional heats will be created in pre-seeded events. Late entry fees will be doubled for individual events. Deck entries for swimmers not already in the meet require proof of USAS registration. Only three forms of membership are acceptable:  1.) A current USA Swimming Membership Card  2.) A printed USA Swimming Club Roster  3.) Verification through the use of “DECK PASS”</p>
<b>ENTRY SUBMISSION:</b>	<p>Entry deadline is <b>Thursday, April 18, 2024</b>. Please submit entries in standard data format (SDIF) or Hy-tek (preferred) together with a pdf of the entries by name. Entries must include the USA Swimming Club Code and each swimmer’s USA Swimming number, first and last name, age, and seeding time for each event entered. Please mail a printed copy of all entries, fees, and a completed and signed liability release form to:  <b>Hugh Convery</b>  <b>1463 Benning Place NE</b>  <b>Atlanta GA 30037</b>  <a href="mailto:hugh@gwinnettaquatics.com">Email Entries to – hugh@gwinnettaquatics.com</a></p>
<b>RULES:</b>	<p><b>Current USA Swimming Rules will govern this meet.</b></p> <p><b><u><a href="#">Tech Suit Restrictions for 12-and-Under Swimmers</a></u></b>  (Note: WOVEN FABRIC-A suit with woven fabric and sewn seams that does not extend below the hips is permitted.)  (Note: KNIT FABRIC-A suit with knit fabric and sewn seams not extending below the knees is permitted.)  This rule is in effect for all USA Swimming competitions in the United States, so any manufacturer or vendor selling a suit in the United States is subject to the above rule. No Technical Suits may be worn by any 12-Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.</p> <p>Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, behind the blocks (Including warm-up, warm-down, and Competition), rest rooms or locker rooms.</p> <p>Any swimmer entered in the meet, must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water.</p>

	<p>When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.</p> <p><b>Deck changes are prohibited.</b> (Defined as changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes). Swimmers participating in deck changing could be subject to removal from further competition in the meet.</p> <p>On deck registrations will not be permitted during this event.</p> <p>Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coaches’ areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and /or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair, Program &amp; Events Committee Chair, or designee.</p> <p>All referees, starters, administrative officials, chief judges, and stroke and turn judges, serving in an official capacity in a sanctioned event, must be non-athlete members of USA Swimming or members of other FINA-member organizations. All meet directors for meets sanctioned by USA Swimming must be members of USA Swimming. Except for coaches accompanying athletes participating under the provisions of 202.9 or USA Swimming’s “open border” policy, all persons acting in any coaching capacity in a sanctioned event must be coach members of USA Swimming.</p> <p>Photos and videos may be taken of swimmers during the meet by parents or a professional photographer retained by the host club. All participants agree to be filmed or photographed by photographers designated by the meet host and to allow the meet host the right to use names, pictures, likenesses, and biographical information before, during, or after the period of participation in Georgia Swimming competitions to promote swimming and meets hosted by the meet organizer. If you do not wish to have your child(ren) photographed, you may withdraw your consent by informing the Meet Director before the start of the first day of the meet.</p> <p>Swimmers participating under the provisions of 202.9 or USA Swimming’s “open border” policy must be under the supervision of their own coach or a USA Swimming member coach. The Meet Director or Meet Referee may assist the swimmer in deciding for such supervision, but it is the swimmer’s responsibility to make such arrangements prior to the start of the meet</p>
<p><b>USA SWIMMING MEMBER VERIFICATION:</b></p>	<p>To access USA Swimming member benefits, including your USA Swimming member card, download the USA Swimming app. Present this card to verify your USA-S and GA LSC credentials are in good standing.</p>
<p><b>COACHES:</b></p>	<p>Coaches will be required to sign in and show their USA Swimming coaches registration card or <b>DECK PASS</b> for verification that all certifications are current.</p>
<p><b>COACHES MEETING:</b></p>	<p>If necessary, there will be a coach meeting via Zoom Thursday April 25 @ 8pm.</p>
<p><b>OFFICIALS:</b></p>	<p>Gwinnett Aquatics welcomes visiting officials and apprentices and will appreciate help in officiating this competition. There will be an official’s meeting 30 minutes prior to the start of each session. The official’s uniform will consist of a white polo collared shirt, navy blue shorts, skirts or slacks with white socks and shoes. All officials must present at check in, their current LSC Officials Certification Card; <b>OR</b> a recently completed Apprentice Form; <b>AND</b> proof of current USA Swimming Non-Athlete membership. Credentials may be required for deck access and hospitality.</p>

<b>MEET COMMITTEE / MEET JURY:</b>	The Meet Committee / Jury shall be established during the coaching meeting or prior to the competition and shall consist of the Meet Director, Meet Referee, Coaches, and athlete members, as appropriate. As defined in the Official Glossary (2022 USA Swimming Rulebook)
<b>AWARDS</b>	<b>NO</b> awards will be given at this meet
<b>SCORES:</b>	<b>NO</b> team scores will be kept at this meet
<b>CONCESSIONS:</b>	Available at the Tech concession stand
<b>GEORGIA WARM-UP POLICY:</b>	The Georgia Swimming approved warm-up guidelines will be followed for this meet. Warm-up lane assignments will be posted at the pool. USA Swimming Certified Coaches must supervise in the vicinity of all warm-up activities. Refer <a href="http://www.gaofficials.org/documents">www.gaofficials.org/documents</a> > <b>Sanctions</b>
<b>GEORGIA SCRATCH RULE:</b>	Refer <a href="http://www.gaofficials.org/documents">www.gaofficials.org/documents</a> > <b>Sanctions</b>

## Order of Events

### Saturday, April 27

SESSION 1 - Warm Up @ 9:30 AM; Start @ 10:30 AM

Girls	EVENT	Boys
1	13 & Over 200 Back	2
3	13 & Over 100 Breast	4
5	13 & Over 50 Free	6
7	13 & Over 100 Fly	8
9	13 & Over 200 Free	10
11	13 & Over 400 IM	12

SESSION 2 - Warmups @ 1:45 PM; Start @ 2:30 PM

Girls	EVENT	Boys
13	12 & Under 100 Back	14
15	12 & Under 50 Breast	16
17	12 & Under 50 Free	18
19	12 & Under 50 Fly	20
21	12 & Under 200 Free	22

### Sunday, April 28

SESSION 3 - Warm Up @ 9:30 AM; Start @ 10:30 AM

Girls	EVENT	Boys
23	13 & Over 200 IM	24
25	13 & Over 100 Back	26
27	13 & Over 200 Fly	28
29	13 & Over 100 Free	30
31	13 & Over 200 Breast	32
33	13 & Over 400 Free	34

SESSION 4 - Warmups @ 1:45 PM; Start @ 2:30 PM

35	12 & Under 200 IM	36
37	12 & Under 50 Back	38
39	12 & Under 100 Fly	40
41	12 & Under 100 Free	42
43	12 & Under 100 Breast	44
45	12 & Under 400 Free	46

# Gwinnett Aquatics Long Course Kickoff April 27 – 28, 2024

Team Name \_\_\_\_\_ Team abbreviation \_\_\_\_\_

Team Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Head Coach \_\_\_\_\_

Phone \_\_\_\_\_ Home \_\_\_\_\_ E-mail \_\_\_\_\_

For entry problems call or e-mail \_\_\_\_\_

*All coaches from your team present at the meet, must be listed*

Coach \_\_\_\_\_

Coach \_\_\_\_\_

Coach \_\_\_\_\_

Coach \_\_\_\_\_

Total individual events	_____	X \$10.00	=	_____
Swimmers (Facility Surcharge)	_____	X \$15.00	=	_____
GA LSC Travel Fund	_____	X \$3.00	=	_____
Applies to all non-Georgia LSC registered swimmers	_____	X \$6.00	=	_____

Total fees submitted: \_\_\_\_\_

## Submit one check payable: Gwinnett Aquatics

Entries must be received on or before **April 18, 2024**. Mail entries to:

Hugh Convery  
1436 Benning Place NE  
Atlanta, GA 3037

### WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE

I, the undersigned coach, or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming.

I acknowledge that I am familiar with the safety rules of USA Swimming and Georgia Swimming regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during this meet.

In granting this sanction it is understood and agreed that USA Swimming, Georgia LCS and Southern Crescent Aquatic Team shall be free and harmless from any liabilities or claims for damages arising by reason of injury to anyone during the conduct of this event.

**I have reviewed RULE 302.4 FALSE REGISTRATION and if a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, the host LSC may impose a fine of up to \$100.00 per event against the individual, member coach or member club submitting the entry.**

\_\_\_\_\_  
Signature/Title

\_\_\_\_\_  
Date