

2016 Georgia Senior Short Course Championships

December 9-11, 2016



Host Club

Swim Atlanta/Lanier Aquatics

Chris Davis
(678) 442-7946
Jim Young
(770) 519-6500

Sanctioned by

Georgia Swimming Inc. (www.gaswim.org)
Meet Sanction & Time Trial Sanction Number:

Meet Referees

Meet Director/Entries

Jim Young 770-519-6500 (jimyoung1@mindspring.com)

Meet Manager

Megan Davis (770)-888-0010 (megan@swimatlanta.com)

Georgia Senior Committee Chairperson

Beth Winkowski (bethwinkowski@hotmail.com)

Safety Marshall

Chris Davis, Jr. and/or his certified designee

Facility

Georgia Tech Aquatic Center
750 Ferst Drive NW Atlanta, GA 30332
404-385-7529

The meet will take place in the Georgia Tech Natatorium, a 50M x 10 lane competition pool. The pool depth at the start and turn end is nine feet. An eight lane 25yd warm-up/down pool will be available throughout the course of the meet. An Omega timing system and scoreboard will be used **The competition course has been certified in accordance with 104.2.2C(4) . The copy of such certification is on file with USA Swimming & Georgia Swimming.**

Eligibility

Open to all swimmers registered with Georgia Swimming who have achieved the required qualifying time standard for each event entered since September 1, 2015 (see "Qualifying times"). Swimmers who have achieved the 1650 Free qualifying standard may enter the 1000 free. **Any swimmer with a disability that is not classifiable by the International Paralympics Committee (IPC) standards that has been diagnosed by a physician as having a disability may compete if they meet the time standard created by the disabilities international governing body.**

Format

Individual Events

- All individual events will be conducted on a Preliminary and Final basis with the exception of the 1000 Freestyle, which will be conducted as a timed final event.
- The 1000 freestyle heats will be swum fastest to slowest, with all heats being conducted at the end of Sunday's Prelims. Two courses will be used – one for Women, and one for Men. *Note – Positive check-in deadline for the 1000 Freestyle is 12:30 PM on Saturday. 1000 heat sheets will be available during the Saturday Finals session.
- The 400 IM and 500 Freestyle preliminary heats will be seeded as follows: fastest two heats, circle seeded swum slowest to fastest followed by remaining heats swum fastest to slowest. Two courses will be used – one for women and one for men. *Note – Positive check-in deadline is 8:30 AM for these races on the day of the event.
- There will be a 10 minute break in prelims each day before the start of that day's distance event (400 IM, 500 Free, 1000 Free).
- Championship, Consolation, and two Bonus heats (four heats in all) will be swum in all prelim/final events except for the 400 IM and 500 Free where only a Championship and Consolation final heat will be conducted. Ten lanes will be used for all finals heats.
- The order of the finals heats will be A-B-C-D. For the 500 Free/400 IM it will be A-B. *Note – Those swimmers named as First and Second Alternate in each prelim/final event must stand by the starter at the beginning of the event for which they are named if they wish to swim.

Relay Events

- All Relay will be conducted as Timed Final events.
- Each team is limited to two entries of each gender for all 200 and 400 relays, and one entry per gender for the 800 free relay.
- All 200 Free and 200 Medley Relays will be swum at the beginning of the Prelims sessions on Friday and Saturday, respectively. These events will be pre-seeded, and there is no positive check-in required.
- All 800 Free relays will be swum at the beginning of the prelims session on Sunday. Positive check-in required by 8:20 AM on Sunday.
- The 400 Freestyle relays will be swum at the end of the Finals session on Saturday. Positive check-in required by 5:30 PM on Saturday.
- The 400 Medley relays will be swum on Friday with an AM-PM option. Positive check-in required by 10:30 AM on Friday.

In order to maintain a reasonable timeline and to regulate the continuity of the meet the Meet Manager, in consultation with the Meet Management Committee (Meet Manager, Senior Committee Chair, Meet Referees) reserves the right to make the final decisions on the following: Diver over starts; rest breaks; use of two pools for all or part of the prelims; scheduling of time trial swims; other issues that affect the management, versus the conduct, of the meet.

Entry Limit

- Swimmers will be limited to competing in three (3) individual events per day plus relays. Time trial events are included in the daily limit.
- Any swimmer that competes in more than their daily limit will be disqualified from the last event(s) of that day.
- Each team will be limited to two (2) relay team entries per event, except for the 800 Free Relays which will be limited to one entry per team per event.

Rules

- The current USA Swimming Rules and Regulations will govern the conduct of the meet.
- Any swimmer, who qualifies for finals on the last day of competition, does not scratch, and subsequently "no shows", will be fined \$50.00. This fine must be paid before the next championship meet or the swimmer will not be allowed to compete in the next championship meet (see "Georgia Scratch Rule").
- Swimmers will be responsible for swimming in their assigned heats and lanes.
 - **DECK CHANGE – Changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes while at a practice, competition, or other pool-related activity. The practice of Deck Changing is prohibited at all USAS Sanctioned events. Swimmers participating in deck changing would be in violation of the USA Swimming Rule 202.2.9I and could be subject to removal from further competition in the meet.**
 - **Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.**

Schedule

Georgia Swimming warm-up procedures and rules will be posted and must be followed.

All Preliminary Sessions: Warm-Up 7:30 AM Meet Start 9:00 AM

Friday and Saturday Finals Sessions: Warm-Up 4:30 PM Meet Start 5:30 PM

Sunday Finals Session: Warm-Up 4:00 PM Meet Start 5:00 PM

Check in

In order to be seeded into the deck-seeded events, swimmers and relay teams must check-in with the Clerk of Course by the times shown below.

- Friday
 - 8:30 AM for the 400 IM and late entries
 - 10:00 AM for time trials held after prelims. See meet referee with requests for time trials after finals.

- 10:30 AM for the 400 Medley Relays. Coaches must declare their choice of an AM or PM option.
- Saturday
 - 8:30 AM for the 500 Free and late entries
 - 10:00 AM for time trials held after prelims. See meet referee with requests for time trials after finals.
 - 12:30 PM for the 1000 Free which will be swum on Sunday
 - 5:30 PM for the 400 Free Relays (All conducted in Finals)
- Sunday
 - 8:20 AM for the 800 Free Relays and late entries
 - 10:00 AM for time trials held after prelims. See meet referee with requests for time trials after finals.

Entry Format

- Please submit entries using Hy-Tek team manager. Entries must include the USA Swimming Club Code and each swimmer's USA Swimming number, first and last name, age, seed times for each event entered, and their USA Swimming registration number.
- Swimmers entered in the meet that are only competing as members of relay teams must be entered with all other participants for the purpose of verifying USA Swimming registration. Their names and USA Swimming registration numbers should be submitted on the hard copy as relay-only swimmers.
- A completed and signed 'Entry Summary and Liability Release Form' and a signed copy of the entries must be received before the entries are considered complete. Swimmers and Teams cannot participate until their entries are complete.
- Email entries should include an attachment representing the Hy-Tek Entry File; an attachment in Word or PDF format of those same Hy-Tek entries.
- **Submit Email entries to Jim Young (jimyoung1@mindspring.com).**
- **Checks/waivers and hard copies of meet entries should be mailed to:**

Megan Davis - Meet Manager
Senior State Championships
5059 Post Road
Cumming, GA 30040

*please sign signature waiver for all overnight deliveries.

Entry Deadline

All entries must be received by midnight, Thursday, December 1st^h.

Entry Fees

\$7.00 per individual event, **\$14.00** per relay, **\$8.00** per individual event time trial, \$15.00 per relay event time trial and **\$15.00** per swimmer facility surcharge. Make checks payable to "Amateur Swimming Foundation, Inc.". Entries will not be accepted unless accompanied by fees.

Late Entries

On site late entries will be permitted only if open lanes are available and will be seeded with the **Qualifying Time for that event**. No additional heats will be created. In deck-seeded events the original entries will be seeded and late entries placed in empty lanes resulting from that seeding. **Late entry fees will be doubled** for individual and relay events. **Coaches late entering swimmers on site who were not previously entered and cleared by the registration chair must have proof of USAS registration for each late entering swimmer.** Late entries will be accepted up until 30 minutes prior to the start of the affected session.

Proof of Times

Swimmers who enter this state championship meet must have achieved a time equal to or faster than the qualifying standard for each event entered since **September 1st, 2015 through Thursday, Dec. 1st, 2016**. The final results for each event will be reviewed by the designated Representative appointed by the LSC Chair to determine each swimmer's eligibility for this meet. If a swimmer fails to achieve the qualifying standard at this meet and cannot prove that he/she achieved the qualifying standard before the entry deadline, then Georgia Swimming, Inc. will invoke a fine of **\$50.00** against the team of said swimmer, or against the swimmer if unattached, for each non-qualifying time. **The SWIMS database will be the sole source document used to verify proof of time for this meet.** Failure to pay as prescribed by Georgia Swimming Rules and Regulations 7..2, Inc. will **result in the barring of said team/individual from participating in any meets until such time as the fine is paid in full**. Make checks payable to "Georgia Swimming". Proof of times is not required for relays.

Scoring

- Individual and Relay events will be scored to 20 places. Swimmers and relays that do not achieve the meet qualifying time in an event cannot score points in that event.
- Individual Events: 24-21-20-19-18-17-16-15-14-13-11-9-8-7-6-5-4-3-2-1
- Relay Events: 48-42-40-38-36-34-32-30-28-26-22-18-16-14-12-10-8-6-4-2

Awards

- The three highest scoring teams in each division will be recognized. These standings will be announced following the conclusion of the last finals session of

the meet. For this meet, teams will be assigned to one of three divisions based upon the number of registered swimmers on each team as of November 27th, 2015. The divisions will be:

Division I 201+ swimmers Division II 81-200 swimmers Division III 1-80 swimmers

- There will be no awards for individual or relay events.
- **Outstanding Swimmer Award** – A special award will be presented to the “Outstanding Female Swimmer” and “Outstanding Male Swimmer”. These awards will be presented to the swimmer who scores the most individual points.

Coaches

Coaches must sign in with the Clerk of Course and show their current USA Swimming coach’s registration card. Coaches must display their credentials while on the pool deck and in hospitality.

Meeting

A coaches’ meeting will be held Friday December 9th @ 7:00 AM. At least one coach from each team is requested to attend since coaches are responsible for any and all information discussed and disseminated at the meeting. Subsequent meetings will be arranged if needed. Coaches arriving late should check-in with the Clerk of Course upon arrival.

Senior Committee Meeting

There will be a meeting of the Senior Committee immediately following the Saturday prelim session.

Time Trials

- Time trials will be offered to those swimmers making an attempt to achieve sectional or above qualifying times. \$8 per ind. Event, \$15 per relay event.
- Swimmers must be entered in the meet in at least one individual event.
- Swimmers will be limited to no more than three time trials for the meet, and each time trial will count against the three individual event limit per day for the day it is swum.
- Time Trial events may be combined.
- Swimmers intending to time trial after prelims must register with the Clerk of Course no later than 10:00 AM each day. Swimmers wishing to time trial after any finals session should see the referee before the end of the affected finals session. All fees must be paid when the intention is filed. Cost is \$8.00 per time trial.
- Time Trials will be scheduled and conducted following the prelims each day and/or other convenient times as determined by the meet committee and shall be swum in the order listed under the meet program as follows:
 - **Friday:** Friday Events/Saturday Events/Sunday Events
 - **Saturday:** Saturday Events/Sunday Events/Friday Events
 - **Sunday:** Sunday Events/Friday Events/Saturday Events
 -

Seeding

- All events will be pre-seeded with the exception of the 400 IM, 500 Free, 1000 Free, 400 Medley Relay, 400 Free Relay, and 800 Free Relay. These events will require a positive check-in at the Clerk of Course according to the times shown under “Check-in”.
- Any swimmers entered with “**NT**” will be seeded with the **qualifying time for that event**.
- Any swimmer entering the 1000 Free based on their qualifying time in 1650 Free should be entered with the minimum 1000 free qualifying time.
- Non-conforming entry times will be seeded last.

Georgia Scratch Rule

The Georgia Scratch Rule will be in effect for all events and is attached.

Supervision

A current coach member of USA Swimming must supervise each swimmer participating in this meet during warm -up and competition. An athlete not escorted by a current coach member must check-in with the Meet Referee upon arrival at the meet. Such athletes will be assigned a member coach who will supervise him/her during warm-up and competition.

Officials

- Swim Atlanta welcomes visiting officials and would appreciate help in officiating this meet. Any certified official or apprentice registered with USAS is encouraged to contact the Meet Referee prior to the meet or contact the Meet Referee 90 minutes prior to the session you wish to work. As a reminder, starter apprenticeships are not allowed at the State Championship Meet. Referee apprentices may work at that position at the meet referee’s discretion. All officials must wear current USA Swimming registration card while on deck and present current Georgia Officials certification card at check-in. Officials without proper credentials will not be allowed on deck. If you wish to work in a specific position, or have additional questions for the officials, please contact the Meet Referee prior to the meet.
- Classroom training for those people taking the home study CD course will be provided for. Please contact Rob Schreer (h2oref@bellsouth.net) no later than November 30th. **Note: this will be an N2/N3 qualifying meet. The Referee for this meet is:**

Warm-Up

The Georgia Swimming Inc. approved warm-up guidelines will be followed for this meet. Warm-up guidelines will be posted at the pool and each team will be

required to furnish one USA Swimming certified Coach to monitor their warm-up period.

Liability

USA Swimming, Inc., Georgia Swimming, Inc., Georgia Tech, Swim Atlanta and Lanier Aquatics shall be free from any liability or claims arising by reason of injury to anyone during the conduct of the meet. **The attached Liability Form must accompany each team's entry.**

Concessions

Basic concessions will be provided during the meet.

Hospitality

There will be a complimentary hospitality area for coaches and officials.

Meet Information

For more information, to review psych sheets, or check results visit: www.swimatlanta.com or www.lanieraquatics.com.

Meet administrator: Jim Young – 770-519-6500

Order of Events

Girls Events

Boys Events

Friday, December 9th – Prelim warm-up 7:30 AM, Start 9:00 AM; Finals Warm-Up 4:30 PM, Start 5:30 PM		
1	200 Free Relay (all heats in prelims)	2
3	100 IM	4
5	100 Breast	6
7	200 Free	8
9	100 Fly	10
11	400 IM*	12
13	400 Medley Relay – AM-PM Option	14
Saturday, December 10th – Prelim warm-up 7:30 AM, Start 9:00 AM; Finals Warm-Up 4:30 PM, Start 5:30 PM		
15	200 Medley Relay (all heats in prelims)	16
17	200 Fly	18
19	50 Free	20
21	200 Breast	22
23	100 Back	24
25	500 Free*	26
27	400 Free Relay (all heats in finals)	28
Sunday, December 11th		
Prelim warm-up 7:30 AM, Start 9:00 AM; Finals Warm-Up 4:00 PM, Start 5:00 PM		
29	800 Free Relay	30
31	200 Back	32
33	100 Free	34
35	200 IM	36
37	1000 Free***	38

*The 400 IM and 500 Free will be run with the top four heats first, slowest to fastest, and the remaining heats run fastest to slowest. Two courses will be used – one for women and one for men.

** 800 Free Relay Check In By 8:20 AM. One Entry Per Team.

***All heats of the 1000 Free will be swum during prelims fastest to slowest. Two courses will be used – one for women and one for men. **Check in for the 1000 Free will be Saturday at 12:30 pm.**

Note: There will be a 10 minute break each day during prelims before the start of that day's distance event (400 IM, 500 Free, 1000 Free)



**GEORGIA SWIMMING
2016 SENIOR SCY WINTER CHAMPIONSHIP
QUALIFYING TIMES**



GIRLS - SHORT COURSE YARDS		DISTANCE	EVENT STROKE	COURSE	BOYS - SHORT COURSE YARDS	
23.89	50	Free	SCY		23.19	
36.09	100	Free	SCY		30.69	
02:00.09	200	Free	SCY		01:49.49	
02:19.69	500	Free	SCY		04:34.39	
11:15.49	1000	Free	SCY		10:09.19	
17:49.09	1650	Free	SCY		17:19.39	
01:02.69	100	Back	SCY		57.69	
02:13.99	200	Back	SCY		02:04.49	
01:15.09	100	Breast	SCY		01:06.69	
02:39.09	200	Breast	SCY		02:34.19	
01:02.09	100	Fly	SCY		55.99	
02:22.39	200	Fly	SCY		02:05.19	
01:06.29	100	IM	SCY		01:00.99	
02:16.79	200	IM	SCY		02:03.39	
04:47.89	400	IM	SCY		04:23.99	
GIRLS - LONG COURSE METERS		DISTANCE	EVENT STROKE	COURSE	BOYS - LONG COURSE METERS	
29.59	50	Free	LCM		26.59	
01:03.89	100	Free	LCM		57.89	
02:16.39	200	Free	LCM		02:04.79	
04:43.39	400	Free	LCM		04:22.99	
10:02.89	800	Free	LCM		09:03.79	
18:10.49	1500	Free	LCM		17:40.09	
01:10.79	100	Back	LCM		01:03.29	
02:31.19	200	Back	LCM		02:20.59	
01:23.39	100	Breast	LCM		01:16.09	
03:00.59	200	Breast	LCM		02:44.09	
01:10.39	100	Fly	LCM		01:03.59	
02:36.69	200	Fly	LCM		02:21.79	
02:33.89	200	IM	LCM		02:22.39	
05:28.99	400	IM	LCM		04:59.49	
GIRLS - SHORT COURSE METERS		DISTANCE	EVENT STROKE	COURSE	BOYS - SHORT COURSE METERS	
28.79	50	Free	SCM		25.79	
01:02.29	100	Free	SCM		56.29	
02:13.39	200	Free	SCM		02:01.59	
04:38.99	400	Free	SCM		04:16.59	
09:30.09	800	Free	SCM		09:08.69	
17:46.49	1500	Free	SCM		17:16.09	
01:09.59	100	Back	SCM		01:04.09	
02:28.79	200	Back	SCM		02:18.19	
01:23.39	100	Breast	SCM		01:14.09	
02:56.59	200	Breast	SCM		02:40.09	
01:08.99	100	Fly	SCM		01:02.19	
02:38.89	200	Fly	SCM		02:18.99	
01:13.59	100	IM	SCM		01:07.79	
02:32.69	200	IM	SCM		02:19.19	
05:21.89	400	IM	SCM		04:53.09	

GEORGIA SWIMMING INC.

SCRATCH RULE

The Scratch Rule used in all meets in Georgia where the meet format includes preliminary heats, consolation finals, and finals, is the same "Scratch Rule" as found in Section 207.12 Administrative Conduct of USA Swimming Championships, of the 2010 USA Swimming Rules and Regulations. Certain Georgia LSC additions listed below apply to all timed final meets as well.

"207.12.6.D. Scratching from finals:

(1) Any swimmer qualifying for a C, B, or A (bonus and consolation final or) final race in an individual event who fails to compete in said final shall be barred from further competition for the remainder of the meet, except as noted in paragraph E. A declared false start under 101.1.3F or deliberate delay of meet under 101.1.5 is not permitted and will be regarded as a failure to compete.

(2) In the event of withdrawal or barring of a swimmer from competition the Referee shall fill the C, B, or A (bonus and consolation final or) final, when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.

(3) Where C and B (bonus and consolation) finals have not been swum and a barring or withdrawal is known to the Referee, the Referee shall reseed the C, B, or A (bonus final, consolation final and the) final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.

(4) If the C or B (bonus and consolation) final has already been contested, the (championship) final shall be swum without reseeding for the empty lane(s).

E. Exceptions for failure to compete – No penalty shall apply for failure to withdraw or compete in an individual event if:

(1) The Referee is notified in the event of illness or injury and accepts the proof thereof.

(2) A swimmer qualifying for a C, B or A (bonus or consolation final or) final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers for that race that they may not intend to compete and further declares their final intentions within thirty (30) minutes following their last individual preliminary event.

(3) It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer."

Georgia LSC Additions:

Unless otherwise stated in the final sanctioned Meet Information:

1. Swimmers that qualify for any additional heats beyond the above mentioned "C, B and A" final heats as announced in the Meet Information will also be subject to the above rules concerning scratching from finals.
2. In all deck seeded events, a swimmer who has checked in, been seeded and fails to compete in said event, shall be barred from his or her next individual event, except as noted in section E above. This rule also applies in timed finals meets where the meet management has placed limits on the number of heats to be contested or the number of individual entries to be accepted for deck-seeded events.
3. There is no scratch rule governing relays and there is no penalty regarding relay scratches.
4. Qualifiers for all finals heats and the first and second alternates are those as identified on the original results of the preliminary heat. Any qualifier who has moved up into this group as a result of the posting of corrected preliminary results after original results have been posted shall not be subject to penalty.
5. The meet official designated to receive initial intentions not to compete and final intentions shall be announced at the beginning of each session. It is suggested that this official be the Clerk of Course.
6. On the final day of LSC Championship competitions, any swimmer who has checked in for finals and fails to compete will be assessed a \$50 fine. This fine must be paid before the next LSC Championship meet in which the swimmer intends to compete or the swimmer will be barred from competition.
7. A "Positive check-in procedure" shall be used for deck seeded events. A swimmer's intent to swim a race shall be denoted by the swimmer's or swimmer's coach's initials entered next to the swimmers name on the official entry sheet posted at the Clerk of Course.

Georgia Senior Short Course State Meet

ENTRY SUMMARY SHEET December 9 - 11, 2016

TEAM _____ OFFICIAL ABBREVIATION _____ COACH _____

OFFICIAL TEAM ADDRESS _____

CITY, STATE, ZIP _____ PHONE # _____ E-MAIL _____

Number of Swimmers _____ Individual Events _____ Relays _____

TOTAL INDIVIDUAL ENTRIES: _____ X \$6.00 = \$ _____

TOTAL RELAY ENTRIES: _____ X \$8.00 = \$ _____

FACILITY SURCHARGE (PER SWIMMER): _____ X \$15.00 = \$ _____

GRAND TOTAL = \$ _____

Submit one check payable to: Amateur Swimming Foundation

Email Hy-tek entry file and hard copy jimyoung1@mindspring.com – 770-519-6500

Mail hard copy of entries, check and waiver to:

MEGAN DAVIS
SWIMATLANTA
SENIOR STATE CHAMPIONSHIPS
5059 POST ROAD
CUMMING, GA 30040

ENTRY DEADLINE – Thursday, Dec. 1st.

WAIVER, ACKNOWLEDGEMENT, AND LIABILITY RELEASE:

I, the undersigned coach or team representative verify that all of the swimmers and coaches listed on the enclosed entry forms are registered with USA Swimming.

I acknowledge that I am familiar with the safety rules of USA Swimming and Georgia Swimming regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during the meet.

Swim Atlanta, Lanier Aquatics, Georgia Swimming, Inc., and USA Swimming, its agents, employees and coaches shall be free from any liability or claim for damages rising by reason of injury to anyone during the conduct of the meet.

I have reviewed RULE 302.4 FALSE REGISTRATION and understand that GA Swimming probably will issue a fine of up to \$100.00 per event against a member coach or a member club submitting a meet entry which indicates a swimmer is registered with USA swimming when that swimmer or the listed club is not properly registered.

Signature/Title

Date

Please include a list of USA Swim coaches who will be attending this meet. (Please use a separate sheet for other coaches. Include all coaches who may attend this meet).

This form must be returned with the check for entry fees.