Gwinnett Aquatics Winter Inter(squad) January 20, 2024

| WHERE: | Quinn Ridge Pool | | |
|--------------------|--|--|--|
| WARM-UP: | 10:30 am | | |
| START: | 11:15 am | | |
| ENTRY LIMIT: | Swimmers may enter up to 3 events. | | |
| ENTRY FEE: | Free | | |
| ENTRY PROCESS: | Swimmers sign up at the meet. | | |
| TIMING SYSTEM: | Stopwatches will be used so we will need volunteers to time. | | |
| LIABILITY RELEASE: | Georgia Swimming, Inc.; U.S.A. Swimming, Inc. and Gwinnett Aquatics shall be free from any liabilities or claims for damages arising by reason of injury to anyone during the conduct of the meet. | | |
| VOLUNTEERS: | We will need parents to volunteer as timers. | | |

Order of Events

| <u>GIRLS</u> | EVI | EVENT | | |
|--------------|------------|------------|----|--|
| 1 | Open | 100 IM | 2 | |
| 3 | Open | 200 IM | 4 | |
| 5 | 8 & under | 25 Free | 6 | |
| 7 | Open | 100 Back | 8 | |
| 9 | 12 & under | 50 Back | 10 | |
| 11 | 8 & under | 25 Back | 12 | |
| 13 | Open | 100 Free | 14 | |
| Break | | | | |
| 15 | Open | 100 Breast | 16 | |
| 17 | 12 & under | 50 Breast | 18 | |
| 19 | 8 & under | 25 Breast | 20 | |
| 21 | Open | 200 Free | 22 | |
| Break | | | | |
| 23 | Open | 100 Fly | 24 | |
| 25 | 12 & under | 50 Fly | 26 | |
| 27 | 8 & under | 25 Fly | 28 | |
| 29 | Open | 50 Free | 30 | |

You may swim up to three events.

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