

**2016 All American Swim Georgia Senior State
Championship
July 22-24, 2016**



Host Club

Chattahoochee Gold

https://www.teamunify.com/EventsCurrent.jsp?_tabid_=82926&team=gacsci

Sanctioned by

Georgia Swimming Inc.

www.gaswim.org

Meet Sanction: **GA16-075STT**

Referee

Cheryl Ballard

cherylb923@comcast.net

Starter:

Mitch Mashburn

Stroke & Turn Judge:

Chris Ballard

Administrative Official:

Betsy Trively

heybets@gmail.com

Meet Director/Entries

Ryan L'Roy

ryanlroy@goldswim.com

LSC Senior Committee Chairperson

Beth Winkowski (DYNA)

beth@dynamoswimclub.com

Safety Marshall

Beth Murphy

officedir1@goldswim.com

Facility

Cumming Aquatic Center
201 Aquatic Circle (off Pilgrim Mill Road)
Cumming, GA 30040
Phone: (770) 781-1781

The Cumming Aquatic Center has an indoor 50 meter by 25 yard pool which will be set up as a 10 lane competition pool. There will also be a separate 3 lane by 25 yard pool available for warm down. The pool depth at the start end is 12 feet and depth at the turn end is 4.5 feet. Omega Timing is used with a ten-line scoreboard. Hy-Tek Meet Manager software will be used for entries and scoring.

Spectators will not be allowed to sit on the pool deck. Folding chairs are prohibited on the pool deck, in the lobby of the building, or on the second story balcony, by order of the fire marshal, except where needed for disabled persons.

The competition pool has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming & Georgia Swimming. **Touch pads to be used at the scoreboard end only**

Eligibility

Open to all swimmers registered with Georgia Swimming who have achieved the required qualifying time standard for each event entered since April 1, 2015 (see "Qualifying Times"). Swimmers who have achieved the qualifying standard in the 1650, 1000, 1500, or 800 Free may enter the 800/1500 Free.

Format

Individual Events

- All individual events will be conducted on a Preliminary and Final basis with the exception of the 800 and 1500 Freestyles, which will be conducted as a timed final event.
- The 800/1500 Freestyle heats will be swum fastest to slowest, alternating women followed by men, with all heats being conducted at the end of Sunday's Prelims. **Note: Positive check-in deadline for the 800/1500 Freestyle is 12:30 PM on Saturday. Distance heat sheets will be available during the Saturday Finals session.*
- The 400 IM and 400 Freestyle Preliminary heats will be seeded as follows: fastest four heats swum slowest to fastest (4 women heats, 4 men heats), followed by remaining heats swum fastest to slowest alternating women/men. **Note: Positive check-in deadline is 8:00 AM for these races on the day of the event.*
- There may be a 10 minute rest break in Prelims each day before the start of that day's distance event (400 IM, 400 Free, 800/1500 Free). Meet management will decide and will be announced at the Coaches' meeting Friday morning.
- Championship, Consolation, and two Bonus heats (four heats in all) will be swum in all Prelim/Final events except for the 400 IM and 400 Free where only a Championship and Consolation Final heat will be conducted. Eight lanes will be used for all Finals heats.
- The order of the Finals heats will be A-B-C-D. For the 400 Free/400 IM it will be A-B. **Note: Those swimmers named as First and Second Alternate in each Prelim/Final event must stand by the starter at the beginning of the event for which they are named if they wish to swim.*
- For A-B-C-D Finals for events longer than 50m, the names of the athletes in the A Finals will be announced before the race begins and the names of the athletes in the B-C-D finals will be announced during the race.
- For A-B-C-D Finals for all 50m events, the names of the all athletes will be announced before each race begins.

Relay Events

- All Relays will be conducted as Timed Final events.
- Each team is limited to two entries of each gender for all 200 and 400 relays, and one entry per gender for the 800 Free Relay.
- All 200 Free and 200 Medley Relays will be swum at the beginning of the Prelims sessions on Friday and Saturday, respectively. These events will be pre-seeded, and there is no positive check-in required.
- All 800 Free Relays will be swum at the end of the Finals session on Friday. Positive check-in required by 5:30 PM on Friday.
- The 400 Medley Relays will be swum at the end of the Finals session on Saturday. Positive check-in required by 5:30 PM on Saturday.
- The 400 Free Relays will be swum during the Prelims session on Sunday (before the 800/1500 Freestyles). Positive check-in required by 8:00 AM on Sunday.

In order to maintain a reasonable timeline and to regulate the continuity of the meet the Meet Director, in consultation with the Meet Management Committee (Meet Director, Senior Committee Chair, Meet Referee and Athlete) reserves the right to make the final decisions on the following: Diver over starts; rest breaks; scheduling of time trial swims; other issues that affect the management, versus the conduct, of the meet.

Entry Limit

- Swimmers will be limited to competing in three (3) individual events per day plus relays. Time trial events are included in the daily limit.
- Any swimmer who competes in more than their daily limit will be disqualified from the last event(s) of that day.
- Each team will be limited to two (2) relay team entries per event, except for the 800 Free Relay which will be limited to one entry per team per event.

Rules

- The current USA Swimming Rules and Regulations will govern the conduct of the meet.
- Any swimmer, who qualifies for finals on the last day of competition, does not scratch, and subsequently “no shows”, will be fined \$50.00. This fine must be paid before the next Championship Meet or the swimmer will not be allowed to compete in the next Championship Meet (see “Georgia Scratch Rule”).
- Swimmers will be responsible for swimming in their assigned heats and lanes.
- The Meet Referee may elect to change and/or combine heats and/or events. Every reasonable effort will be made to notify teams of any changes.
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms
- Deck Change: Changing, in whole or in part, into or out of a swimsuit (excluding a drag suit) in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes while at a practice, competition, or other pool-related act. The practice of Deck Changing is prohibited at all USAS Sanctioned events. Swimmers participating in deck changing would be in violation of the USA Swimming Rule 202.2.9I and could be subject to removal from further competition in the meet.
- Only coaches, swimmers, official and volunteers will be allowed on the pool deck.
- The diving boards, platform, and any equipment related to the diving team is off limits to all.

Schedule

All Preliminary Sessions

- Warm-Up 7:00 AM
- Meet Start 8:30 AM

All Finals Sessions

- Warm-Up 5:00 PM
- Meet Start 6:00 PM

Check-In

In order to be seeded into the deck-seeded events, swimmers and relay teams must check-in with the Clerk of Course by the times shown below.

Friday

- 8:00 AM for the 400 IM and late entries
- 10:00 AM for time trials held after Prelims. *See Meet Referee with requests for time trials after Finals.*
- 5:30 PM for the 800 Free Relays

Saturday

- 8:00 AM for the 400 Free and late entries
- 10:00 AM for time trials held after Prelims. *See Meet Referee with requests for time trials after*

Finals.

- 12:30 PM for the 800/1500 Free
- 5:30 PM for the 400 Medley Relays

Sunday

- 8:00 AM for the 400 Free Relays and late entries
- 10:00 AM for time trials held after Prelims. *See Meet Referee with requests for time trials after Finals.*

Entry Format

- Please submit entries using Hy-Tek Team Manager. Entries must include the USA Swimming Club Code and each swimmer's USA Swimming number, first and last name, age, seed times for each event entered, and their USA Swimming registration number.
- Swimmers entered in the meet that are only competing as members of relay teams must be entered with all other participants for the purpose of verifying USA Swimming registration. Their names and USA Swimming registration numbers should be submitted on the hard copy as relay-only swimmers.
- A completed and signed 'Entry Summary and Liability Release Form' and a signed copy of the entries must be received before the entries are considered complete. Swimmers and Teams cannot participate until their entries are complete.
- Email entries should include an attachment representing the Hy-Tek Entry File; an attachment in Word or PDF format of those same Hy-Tek entries.

Submit email entries to

Ryan L'Roy ryanlroy@goldswim.com

Checks/waivers should be mailed to:

Chattahoochee Gold
C/O Ryan L'Roy
PO Box 387
Woodstock, GA 30188

Entry Deadline

All entries must be received by Friday July 15th, 2016. Please waive signature on all overnight deliveries.

Entry Fees

- Individual Events: \$6.50
- Relay Events: \$12.00
- Swimmer Surcharge: \$15.00
- Time Trials: \$13.00
- Late Entries: Double the standard entry fee

Late Entries

On site late entries will be permitted only if open lanes are available and will be seeded with no time (NT). No additional heats will be created in pre-seeded events. Late entry fees will be doubled for individual and relay events. ***Coaches late-entering swimmers on site must have proof of USAS registration for each late-entering swimmer.*** Late entries will be accepted up until 30 minutes prior to the start of the affected session.

Proof of Times

Swimmers who enter this State Championship Meet must have achieved a time equal to or faster than the qualifying standard for each event entered since April 1, 2015. The final results for each event will be reviewed by the appointed designee assigned by the LSC Chairperson of Georgia Swimming to determine each swimmer's eligibility for this meet.

If a swimmer fails to achieve the qualifying standard at this meet and cannot prove that he/she achieved the qualifying standard before the entry deadline, then Georgia Swimming, Inc. will invoke a fine of \$50.00 against the team of said swimmer, or against the swimmer if Unattached, for each non-qualifying time. Failure to pay in the manner prescribed by Georgia Swimming, Inc. will result in the barring of said team/individual from participating in the next (and all subsequent) State Championship Meets until such time as the fine is paid in full. Make checks payable to "Georgia Swimming". Proof of times is not required for relays.

Scoring

Individual and Relay events will be scored to 16 places. Swimmers that do not achieve the meet qualifying time in an event cannot score points in that event.

Individual Events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

Relay Events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

Awards

The three highest scoring teams in each division will receive awards. These awards will be announced following the conclusion of the last finals session of the meet. For this meet, teams will be assigned to one of three divisions based upon the number of registered swimmers on each team as of November 28th, 2015.

- The divisions will be:
 - Division I 201+ swimmers
 - Division II 81-200 swimmers
 - Division III 1-80 swimmers
- There will be no awards for individual or relay events.
- **Outstanding Swimmer Award** – A special award will be presented to the "Outstanding Female Swimmer" and "Outstanding Male Swimmer". These awards will be presented to the swimmer who scores the most individual points.

Coaches

Coaches must sign in with the Clerk of Course and show their current USA Swimming coach's registration card or digital registration card using the Deck Pass application. Coaches must display their credentials while on the pool deck and in hospitality. All coaches will be asked to provide contact information valid during the meet.

Meeting

A coaches' meeting will be held Friday, July 22, 2016 at 6:45 AM. At least one coach from each team is obligated to attend. Coaches are responsible for any and all information discussed and disseminated at the meeting. Subsequent meetings will be arranged if needed. Coaches arriving late should check-in with the Clerk of Course upon arrival, meeting notes will be at this location.

Time Trials

- Time trials will be offered to those swimmers making an attempt to achieve sectional or above qualifying times.
- Swimmers must be entered in the meet in at least one individual event.
- Swimmers will be limited to no more than three time trials for the meet, and each time trial will count against the three individual event limit per day for the day it is swum.
- Time trial events may be combined.
- Swimmers intending to time trial after Prelims must register with the Clerk of Course no later than 10:00 AM each day. Swimmers wishing to time trial after any finals session should see the Meet Referee before the end of the affected Finals session. All fees must be paid when the intention is filed. Cost is \$13.00 per time trial.
- Time Trials will be scheduled and conducted following the Prelims each day and/or other convenient times

as determined by the meet committee and shall be swum in the order listed under the meet program as follows:

- **Friday:** Friday Events/Saturday Events/Sunday Events
- **Saturday:** Saturday Events/Sunday Events/Friday Events
- **Sunday:** Sunday Events/Friday Events/Saturday Events

Seeding

- All events will be pre-seeded with the exception of the 400 IM, 400 Free, 800/1500 Free, 400 Medley Relay, 400 Free Relay, and 800 Free Relay. These events will require a positive check-in at the Clerk of Course according to the times shown under "Check-in".
- Any swimmers entered with "NT" will be seeded using the Long Course time standard for that event.
- Any swimmer entering the 800 or 1500 Free based on their qualifying time in the other distance should be entered at the Long Course time standard.

Georgia Scratch Rule

The Georgia Scratch Rule will be in effect for all events and is attached.

Supervision

A current coach member of USA Swimming must supervise each swimmer participating in this meet during warm-up and competition. An athlete not escorted by a current coach member must check-in with the Meet Referee upon arrival at the meet. Such athletes will be assigned a member coach who will supervise him/her during warm-up and competition.

Officials

Chattahoochee Gold welcomes visiting officials and would appreciate help in officiating this meet. Any certified official or apprentice registered with USAS is encouraged to contact the Meet Referee prior to the meet or contact the Meet Referee 90 minutes prior to the session you wish to work. As a reminder, starter apprenticeships are not allowed at the State Championship Meet. Referee apprentices may work at that position at the Meet Referee's discretion. All officials must wear current USA Swimming registration card while on deck and present current Georgia Officials certification card at check-in. Officials without proper credentials will not be allowed on deck. If you wish to work in a specific position, or have additional questions for the officials, please contact the Meet Referee prior to the meet. **Uniform for all event sessions is white collared shirt, navy blue slacks or shorts (or skirts for women), and white tennis/deck shoes.**

Warm-Up

Warm-up lane assignments will be posted at the pool, and each team will be required to furnish at least one USA Swimming Certified Coach to supervise, from vicinity of the starting blocks, their swimmers warm-up activities.

Liability

USA Swimming, Inc., Georgia Swimming, Inc., and Chattahoochee Gold shall be free from any liability or claims arising by reason of injury to anyone during the conduct of the meet. **The attached Liability Form must accompany each team's entry.**

Concessions

Basic concessions will be provided during the meet.

Hospitality

There will be a complimentary hospitality area for coaches, officials, and other volunteers.

Meet Information

For more information, to review psych sheets, or check results visit www.gaswim.org. Live results will also be available via the Active Network's Meet Mobile smartphone app.

Events & Qualifying Times

Friday, July 22						
Women's Event Number	Qualifyin g Standard SCY	Qualifying Standard LCM	Prelims Warm-up: 7:00 am Meet Starts: 8:30 am Finals Warm-up: 5:00 pm Meet Starts: 6:00 pm	Qualifying Standard LCM	Qualifyi ng Standar d SCY	Men's Event Number
1	--	--	200 Free Relay (all heats in prelims)	--	--	2
3	1:12.69	1:22.99	100 Breast	1:16.49	1:07.09	4
5	1:59.89	2:14.69	200 Free	2:03.99	1:48.89	6
7	:30.19	:34.19	50 Back	:33.49	:29.59	8
9	1:01.79	1:07.99	100 Fly	1:02.99	55.49	10
11	4:47.89	5:28.29	400 IM*	5:03.09	4:28.09	12
13	--	--	800 Free Relay (all heats in finals)	--	--	14

Saturday, July 23						
Women's Event Number	Qualifying Standard SCY	Qualifying Standard LCM	Prelims Warm-up: 7:00 am Meet Starts: 8:30 am Finals Warm-up: 5:00 pm Meet Starts: 6:00 pm	Qualifyi ng Standar d LCM	Qualifyi ng Standar d SCY	Men's Event Number
15	--	--	200 Medley Relay (all heats in prelims)	--	--	16
17	02:18.79	02:35.39	200 Fly	02:24.99	02:08.09	18
19	25.39	28.99	50 Free	26.29	22.99	20
21	2:37.19	2:58.99	200 Breast	2:46.19	2:26.09	22
23	1:02.69	1:11.79	100 Back	1:05.99	58.39	24
25	:35.09	:39.99	50 Breast	:35.59	:31.19	26
27	5:19.49	4:45.09	400 Free	4:21.99	4:53.59	28
29	--	--	400 Medley Relay (all heats in finals)	--	--	30

Sunday, July 24						
Women's Event Number	Qualifying Standard SCY	Qualifyin g Standard LCM	Prelims Warm-up: 7:00 am Meet Starts: 8:30 am Finals Warm-up: 5:00 pm Meet Starts: 6:00 pm	Qualifyi ng Standar d LCM	Qualifying Standard SCY	Men's Event Number
31	2:13.99	2:34.09	200 Back	2:23.99	2:07.59	32
33	54.79	1:02.39	100 Free	:56.99	:49.99	34
35	:28.09	:31.79	50 Fly	:28.89	:25.39	36
37	2:16.79	2:33.69	200 IM	2:22.99	2:05.99	38
39	--	--	400 Free Relay (all heats in prelims)	--	--	40
41	11:10.79	9:46.99	800 Free	--	--	--
--	--	--	1500 Free	17:39.99	17:19.29	42

*The 400 IM and 400 Free will be run with the top four heats first, slowest to fastest 4 heats of women followed by 4 heats of men, and the remaining heats run fastest to slowest alternating women/men.

**All heats of the 800/1500 Free will be swum during Prelims fastest to slowest, alternating women/men. *Check in for the 1500 Free will be Saturday at 12:30 pm.*

***There may be a 10 minute break each day during Prelims before the start of that day's distance event (400 IM, 400 Free, 800/1500 Free)

EXHIBIT A
GEORGIA SWIMMING INC.
SCRATCH RULE

The Scratch Rule to be used in all Georgia LSC sanctioned meets where the meet format includes preliminary heats, consolation finals and finals, is the "Scratch Rule" as found under "Administrative Conduct of USA Swimming Championships", subsection "Scratch Procedures", subsections "Scratching from finals" and "Exceptions for failure to compete", of the current "USA Swimming Rules and Regulations". An excerpt is provided below.

Scratching from finals:

(1) Any swimmer qualifying for a C, B, or A (bonus and consolation final or) final race in an individual event who fails to compete in said final shall be barred from further competition for the remainder of the meet, except as noted in paragraph E. A declared false start under 101.1.3F or deliberate delay of meet under 101.1.5 is not permitted and will be regarded as a failure to compete.

(2) In the event of withdrawal or barring of a swimmer from competition the Referee shall fill the C, B, or A (bonus and consolation final or) final, when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.

(3) Where C and B (bonus and consolation) finals have not been swum and a barring or withdrawal is known to the Referee, the Referee shall reseed the C, B, or A (bonus final, consolation final and the) final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.

(4) If the C or B (bonus and consolation) final has already been contested, the (championship) final shall be swum without reseeding for the empty lane(s).

Exceptions for failure to compete:

No penalty shall apply for failure to withdraw or compete in an individual event if:

(1) The Referee is notified in the event of illness or injury and accepts the proof thereof.

(2) A swimmer qualifying for a C, B or A (bonus or consolation final or) final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers for that race that they may not intend to compete and further declares their final intentions within thirty (30) minutes following their last individual preliminary event.

(3) It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer."

Unless otherwise stated in the final sanctioned Meet Information: the following Georgia LSC additions listed below apply to all timed final meets as well as all preliminary/finals meets.

1. Swimmers that qualify for any final heats as announced in the meet information will also be subject to these rules. Revision 1.5; 09/12/15 Page 12

2. In all deck seeded events (1), a swimmer who has been checked in either personally or by a team coach, has been seeded and then fails to compete in said event, shall be barred from his or her next individual event, except as noted in "Exceptions for failure to compete" above. This rule only applies to timed-final events where the meet management has placed limits on the number of heats to be contested or the number of individual entries to be accepted for a particular deck-seeded event as specifically stated in the meet announcement.

3. There is no scratch rule governing relays and there is no penalty regarding relay scratches.

4. Qualifiers for all finals heats are those as identified on the originally posted results of the preliminary heats. Any qualifier who has moved up into this group as a result of the posting of corrected preliminary results after original results have been posted shall not be subject to penalty.

5. The meet official designated to receive initial intentions not to compete and final intentions shall be announced at the beginning of each session. It is suggested that this official be the Clerk of Course.

6. On the final day of “LSC Championship” competitions, any swimmer who has checked in for finals and fails to compete will be assessed a \$50 fine. This fine must be paid before the next LSC Championship meet in which the swimmer intends to compete or the swimmer will be barred from competition.

7. A “Positive check-in procedure” shall be used for all deck seeded events. A swimmer’s intent to swim a race shall be denoted by the swimmer’s or swimmer’s coach’s initials entered next to the swimmers’ names on the official entry sheet posted at the Clerk of Course. Failure to check in shall be considered to indicate that the swimmer will not compete.

8. In cases where changes to the USAS rules cause conflict with the Georgia LSC additions, USAS rules shall take precedence.

- (1) Interpretation: The change clarifies the intent of the rule. If there are no limits placed on the number of swimmers in the deck seeded event – then there is no penalty for a no-show in that event; given that no swimmer was impacted by the no-show and everyone that wanted to swim got to swim. If a limit is placed on a deck seeded event (e.g. the fastest 30 swimmers), then a no-show could cause the exclusion of the 31st fastest swimmer from competing and would result in a penalty against the no-show swimmer.

Revised: September 12, 2015

Georgia Senior Short Course State Meet

ENTRY SUMMARY SHEET July 22-24, 2016

TEAM _____ OFFICIAL ABBREVIATION _____

COACH _____

OFFICIAL TEAM ADDRESS: _____

CITY, STATE, ZIP _____ PHONE # _____ E-MAIL _____

Number of Swimmers _____ Individual Events _____ Relays _____

TOTAL INDIVIDUAL ENTRIES: _____ X \$6.50 = \$ _____

TOTAL RELAY ENTRIES: _____ X \$12.00 = \$ _____

FACILITY SURCHARGE (PER SWIMMER): _____ X \$15.00 = \$ _____

GRAND TOTAL = \$ _____

Submit one check payable to:

Chattahoochee Gold

Email Hy-tek entry file and hard copy :

ryanroy@goldswim.com

Mail check and waiver to:

Chattahoochee Gold

C/O Ryan L'Roy

PO Box 387

Woodstock, GA 30188

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry forms are registered with USA Swimming.

I acknowledge that I am familiar with the safety rules of USA Swimming and Georgia Swimming regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during the meet.

Chattahoochee Gold, Georgia Swimming, Inc., and USA Swimming, its agents, employees and coaches shall be free from any liability or claim for damages arising by reason of injury to anyone during the conduct of the meet.

Signature/Title _____ Date _____

Please include a list of USA Swim Coaches who will be attending this meet.
