

**12th Annual Short Course
Coaches Invitational
January 14-16, 2005**



SANCTION: Sanctioned by Georgia Swimming, Inc. #GA-04-98

HOST TEAM: Stingrays Swimming, Inc.

FACILITY: Mountain View Aquatic Center
2650 Gordy Parkway
Marietta, GA 30066
770.509.4925
Stingrays Office 770.428.3425

The Mountain View Aquatic Center is a 10 lane 50 meter by 25 yard, which will be set up for a 10-lane competition pool and 10-lane warm-up/warm-down pool with an additional 5-lane 25 yard warm up/warm down pool. An *Omega* timing system with a ten-line scoreboard is used. Ample seating is available, **however, no chairs other than those provided by the meet host may be used according to Cobb County Fire Marshall restrictions!** Ample parking is also available.

MEET DIRECTOR: Bill Jackson - Bill.CTR.Jackson@faa.gov &
Rhonda Smith - dmjasmith@bellsouth.net

ENTRY CHAIRPERSON: **Mail Entries to:**
Bill Jackson
C/o Stingrays Swimming
1822 Chondra Dr.
Marietta, GA 30062

ELIGIBILITY: Open to all out of state teams and invited Georgia teams registered with United States Swimming.

ENTRY FEES: Entry fees will be \$4.00 each for an individual event and \$6.00 for each relay. A Georgia surcharge of \$2.00 for all out-of-state teams will be added for each swimmer. Please include a check with your entries. Make check payable to **Stingrays Swimming, Inc.**

CONCESSIONS: Breakfast, lunch, and snack items will be for sale at the Aquatic Center for purchase by swimmers and spectators.

RULES:

The current United States Swimming (USA) Rules and Regulations will govern the conduct of the meet unless noted otherwise herein. All officials must wear current USA card while on deck and present current GA Official certification card at check-in. Coaches must present upon check-in a current USA card.

All teams must sign the waiver on the Summary Sheet stating all swimmers and coaches participating in this meet are currently registered with United States Swimming. Membership applications will not be taken at this meet and Stingrays Swimming, Inc. will NOT permit unregistered swimmers to participate in this meet in any manner.

Swimmers are responsible for swimming in their assigned heat and lane. Dive-over starts may be utilized at the discretion of the meet management and officials.

FORMAT:

- Events in Session 1 (Friday) will be conducted as Timed Finals
- The 400 IM will be conducted as a Timed Final on Saturday during the preliminary session, swum fast to slow, alternating women then men if necessary (dependent upon the division of athletes and pools)
- The 1000 Free will be conducted as a Timed Final on Sunday during the preliminary session, swum fast to slow, alternating women then men if necessary (dependent upon the division of athletes and pools)
- All relays will be conducted as Timed Finals in prelims during the preliminary session
- All 10 & Under events will be conducted as timed finals during the preliminary sessions
- All other individual events in Sessions 2 through 5 on Saturday and Sunday will be conducted as Preliminary and Finals events
- We will swim final events in the following order, final then consolation heat

FINALS for ages 11/12 and 13/14 events will be TOP 10 times only (single final — no consolation finals). Finals for Open events will have Finals and Consolation Finals (TOP 20 times)

On Friday evening, the 500 Free may be limited to the fastest 6 heats per event (e.g., up to 6 heats for a single event number) and swum fastest to slowest, alternating women then men if necessary (dependent upon the division of athletes and pools). On Saturday morning (Session 2) the 400 IM may be limited to the fastest 6 heats (if time permits, more heats may be added) and swum fastest to slowest, alternating women then men if necessary (dependent upon the division of athletes and pools). There will be 6 heats (13/14 & Open) maximum for the 1000 Free — swum fastest to slowest, alternating women then men if necessary (dependent upon the division of athletes and pool) — scored 13/14 and Open separately. Each swimmer must supply his/her own lap counter for the 500 Free and 1000 Free events.

- TIME STANDARDS:** The time standard must have been achieved for the 400 IM, 500 Free and 1000 Free events.
- COACHES:** At each session, all coaches will be required to sign in and show their 2005 coaches' registration card. A coaches' social will be held on Saturday night.
- ENTRIES:** Please submit entries on the enclosed entry form. Each entry must include the swimmer's first and last name, age, USA number, and seeding time. Make sure the swimmer's USA number is entered correctly next to his/her name on the entry form. 10&Under swimmers may enter 4 individual events per day, 11 and older swimmers may enter 3 individual events per day exclusive of relays. Swimmers should submit his/her best short course times for seeding. *If you are currently using HY-TEK software, please submit your entries on a 3½" Floppy Disk or use the SDIF format and include a hard copy of your entries.*
- LATE ENTRIES:** Late entries will be accepted for empty lanes only; no new heats will be created to accept late entries. All late entries will be entered with a No-Time (NT). All swimmers entering late should be prepared to show their USA registration card to the Clerk of Course to verify their current USA membership. Fees for late entries will be \$8.00 for individual events. Make checks payable to: **Stingrays Swimming, Inc.**
- ENTRY DEADLINE:** All entries **MUST** be post marked on or before **Tuesday, December 28, 2004**. We cannot accept fax entries or phone entries. E-mail entries as attached Hytek files can be sent to Bill.CTR.Jackson@faa.gov, as long as a disc, hard copy, signed entry summary form, waivers and a check are received by the entry deadline and sent to:
- Mail Entries to:**
Bill Jackson
C/o Stingrays Swimming
1822 Chondra Dr.
Marietta, GA 30062
- All out of state entries should be prepared to submit proof of current USA Swimming membership.
- SEEDING:** All individual events will be pre-seeded as Preliminaries, with the exception of 10 & under events, which are timed final events and the 500 Free, 400 IM, 1000 Free, and relay events, which are deck seeded events.
- CHECK-IN:** In order to be seeded in the deck-seeded events, swimmers and relays must check in at the Clerk of Course table by: Friday-5:00pm, Saturday & Sunday-8:00am or 1:00pm
- SCRATCH RULE:** The Georgia Scratch Rule (adopted 04/21/02) will be in effect during the conduct of this meet. (copy enclosed)

WARM-UP:

In accordance with the Georgia LSC, there will be a strict warm-up procedure to be followed by all swimmers and coaches attending this meet. The warm-up procedure will be posted prior to the start of the meet warm-up for each session. Note that each team will be required to provide a USA certified coach to monitor its swimmers during the warm-up period.

FORMAT:

The format for Friday, Saturday, and Sunday will be as follows:

Friday, 14 January

Warm-up: 4:00 PM - 5:20 PM

Timed Finals: 5:30 PM

Saturday, 15 January and Sunday, 16 January**13-14 and Open Preliminaries**

Warm-up: 7:00 AM - 8:20AM

Preliminaries: 8:30 AM

10 & Under Timed Finals and 11-12 Preliminaries

Warm-up: Not before 12:30 – 1:20PM

Preliminaries: Not before 1:30 PM

All 11 & Older Swimmers — Finals

Warm-up: 6:00 PM

Finals: 7:00 PM (or 1 hour after warm-up starts)

The host team reserves the right to modify warm-up and/or start times if required. They will be posted via website (www.stingraysswimming.com)

SCORING:

Scoring will be according to the USA Swimming Rule Book. Scoring will be for the TOP 10 fastest times in each event.

AWARDS:

Medals will be awarded to the top 3 finishers and Ribbons will be awarded to the next 7 finishers in each individual event. In relay events, the 1st place team shall receive medals and the 2nd and 3rd place teams shall receive ribbons.

Individual: Medals 1st-3rd, Ribbons 4th-10th places

Relays: Medals 1st, Ribbons 2nd-3rd

Team Award: 1st – 3rd places will receive Team Plaques

An individual High Point Award shall be given to the swimmers scoring the most points in each age group and each gender.

T-SHIRTS

A meet T-shirt may be available for purchase.

OFFICIALS:

The meet referees are Glenda Orth and Jeff Seiden. The safety marshal is Allison Pilchard.

All certified officials are welcome to work at the meet. Please contact the Meet referee 10 days prior to the meet if a specific assignment is requested. Otherwise, report to the Meet Referee 60 minutes prior to a session. Apprentice Officials are welcome to.

All officials must wear current USA card while on deck and present current GA Official certification card at check-in. Coaches must present, upon check-in, a current USA Card.

LIABILITY:

Stingrays Swimming, Inc., Georgia Swimming, Inc., United States Swimming, Inc. and Cobb County Parks Recreation Dept. shall be held free and harmless from any and all liabilities.

COACHES:

There will be a coaches' meeting Friday, 14 January 2004, at 3:45 PM at the Mountain View Aquatic Center before warm-ups begin. Coaches must present, upon check-in, a current USA Card.

For: Directions, Maps, Lodging, Restaurants, please visit the Stingrays Swimming Web site at www.stingraysswimming.com

12th Annual Coaches Invitational Order of Events



**Fri. Evening
14 Jan 2005**

SESSION 1

**Warm-up: 4:00 - 5:20 PM
Start: 5:30 PM**

Women's Event No.	Qualifying Time	Event	Qualifying Time	Men's Event No.
1		10 & Under 200 IM		2
3		11-12 200 IM		4
5		13-14 200 IM		6
7		Open 200 IM		8
9	6:48.39	12 & Under 500 Free	6:44.59	10
11	5:52.99	13-14 500 Free	5:39.39	12
13	5:48.39	Open 500 Free	5:25.29	14

**Sat. Morning
15 Jan 2005**

SESSION 2

**Warm-up: 7:00 - 8:20 AM
Start: 8:30 AM**

Women's Event No.	Qualifying Time	Event	Qualifying Time	Men's Event No.
19		13-14 200 Breast		20
21		Open 200 Breast		22
27		13-14 100 Fly		28
29		Open 100 Fly		30
35		13-14 200 Back		36
37		Open 200 Back		38
43		13-14 100 Free		44
45		Open 100 Free		46
		5 Minute Break		
51		13-14 200 Free Relay		52
53		Open 200 Free Relay		54
		5 Minute Break		
59	5:19.59	13-14 400 IM	5:02.39	60
61	5:14.09	Open 400 IM	4:49.09	62

**Sat. Afternoon
15 Jan 2005**

SESSION 3

**Warm-up: 12:30 - 1:20PM
Start: 1:30 PM**

Women's Event No.	Event	Men's Event No.
15	10 & Under 100 IM	16
17	11-12 100 IM	18
23	10 & Under 50 Free	24
25	11-12 50 Free	26
31	10 & Under 100 Breast	32
33	11-12 100 Breast	34
39	10 & Under 50 Back	40
41	11-12 50 Back	42
47	10 & Under 100 Fly	48
49	11-12 100 Fly	50
55	10 & Under 200 Free Relay	56
57	11-12 200 Free Relay	58

Sun. Morning
16 Jan 2004

SESSION 4

Warm-up: 7:00 – 8:20AM
Start: 8:30 AM

Women's Event No.	Qualifying Time	Event	Qualifying Time	Men's Event No.
63		13-14 200 Free		64
65		Open 200 Free		66
71		13-14 100 Back		72
73		Open 100 Back		74
79		13-14 200 Fly		80
81		Open 200 Fly		82
87		13-14 100 Breast		88
89		Open 100 Breast		90
95		13-14 50 Free		96
97		Open 50 Free		98
5 Minute Break				
103		13-14 200 Medley Relay		104
105		Open 200 Medley Relay		106
5 Minute Break				
111	12:07.59	13/14 1000 Free	11:41.49	112
113	11:55.89	Open 1000 Free	11:12.19	114

Sun. Afternoon
16 Jan 2004

SESSION 5

Warm-up: 12:30 – 1:20PM
Start: 1:30 PM

Women's Event No.	Event	Men's Event No.
67	10 & Under 200 Free	68
69	11-12 200 Free	70
75	10 & Under 50 Breast	76
77	11-12 50 Breast	78
83	10 & Under 100 Back	84
85	11-12 100 Back	86
91	10 & Under 100 Free	92
93	11-12 100 Free	94
99	10 & Under 50 Fly	100
101	11-12 50 Fly	102
107	10 & Under 200 Medley Relay	108
109	11-12 200 Medley Relay	110

NOTES:

- 10 & Under – Timed Finals – 4 events per day
- 11 & Older — Prelims and Finals — 3 events per day
- Session 1 events are timed finals
- 500 Free, 1000 Free and 400IM may be limited to 6 heats per event, all heats swum during the preliminary session, swum fastest to slowest, alternating women then men if necessary (dependent upon the division of athletes and pools)
- All athletes must provide their own lap counter for the 500 and 1000 Free events
- All relays are timed finals swum during prelims



**12th Annual Coaches Invitational
January 14-16, 2005
Entry Summary Sheet**

TEAM	_____	TEAM ABBREVIATION	_____
COACH	_____	E-MAIL	_____
TEAM ADDRESS	_____		
CITY, STATE, ZIP	_____		
HOME PHONE #	_____	OFFICE PHONE#	_____

Age Groups	No. of Swimmers	No. of Individual Events	No. of Relay Events
10 & Under Girls	_____	_____	_____
10 & Under Boys	_____	_____	_____
11-12 Girls	_____	_____	_____
11-12 Boys	_____	_____	_____
13-14 Girls	_____	_____	_____
13-14 Boys	_____	_____	_____
Senior Girls	_____	_____	_____
Senior Boys	_____	_____	_____

	Swimmers	Out of State	Indiv. Events	Relays	
Number of Entries	_____	x \$2.00	_____	x \$4.00	_____ x \$6.00
Total Fees	\$	+	\$	+	\$ = \$
	Grand Total				

Make Checks Payable to:
Stingrays Swimming, Inc.

Mail Entries to:
Bill Jackson
C/o Stingrays Swimming
1822 Chondra Dr.
Marietta, GA 30062

ENTRY DEADLINE —TUES, DEC. 28, 2004

Waiver:

I, the undersigned coach or team representative, verify that all of the swimmers listed on the enclosed entry forms are registered by United States Swimming.

Signature _____ **Title** _____
Date _____

GEORGIA SWIMMING INC.**SCRATCH RULE**

The Scratch Rule used in all meets in Georgia where the meet format has preliminary heats, consolation finals, and finals is the same "Scratch Rule" as that found in the current USA Swimming Rules and Regulations, Rule 207.5.9 D and E.

A. Scratching from finals:

1. Any swimmer qualifying for a C, B, or A (bonus and consolation final or) final race in an individual event who fails to compete in said final shall be barred from further competition for the remainder of the meet, except as noted in paragraph E.
2. In the event of withdrawal or barring of a swimmer from competition the Referee shall fill the C, B, or A (bonus and consolation final or) final, when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
3. Where C and B (bonus and consolation) finals have not been swum and a barring or withdrawal is known to the Referee, the Referee shall re-seed the C, B, or A (bonus final, consolation final or) final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
4. If a C or B (bonus and consolation) final has already been contested, the companion final shall be swum without reseeding for the empty lane(s).

B. Exceptions for failure to compete – No penalty shall apply for failure to withdraw or compete in an individual event if:

1. The Referee is notified in the event of illness or injury and accepts the proof thereof.
2. A swimmer qualifying for a C, B or A (bonus or consolation final or) final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers for that race that they may not intend to compete and further declares their final intentions within thirty (30) minutes following their last individual preliminary event.
3. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

***LSC ADDITIONS:**

1. In deck seeded events, a swimmer who has checked in, been seeded and fails to compete in said event, shall be barred from his or her next individual event, except as noted in section E above.
2. There is no scratch rule governing relays and there is no penalty regarding relay scratches.
3. First and second alternates are identified on the original results of the preliminary heats.
4. The meet official designated to receive initial intentions not to compete and final intentions shall be announced at the beginning of each session. It is suggested that this official be the Clerk of Course.
5. On the final day of LSC Championship competition, any swimmer who has checked in for finals and fails to show will be assessed a \$50 fine. This fine must be paid before the next LSC Championship meet in which the swimmer intends to compete or the swimmer will be barred from competition.

Adopted by GA Swimming HOD April 22, 2001

Revised by GA Swimming HOD April 21, 2002