



# Gwinnett Aquatics Winter Holiday Training Schedule 2022-23

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
<b>12/19</b> <b>Sr1</b> 8:15-10a & 3:00-6:00p <b>Sr2 &amp; Sr3</b> 2:30-5:00p <b>Prep/Jr</b> 6:15-8:30p <b>Gold/Blue Holiday Party</b> 5:15-7:00p <b>Pre Team Holiday Party</b> 5:15-6:00p	<b>12/20</b> <b>Sr1</b> 8:30-11:00a <b>Sr2 &amp; Sr3</b> 7:30-9:00a & 2:30-5p <b>P1</b> 10:45a-12:15p <b>Prep/Jr</b> 5:45-8:00p <b>Blue</b> 5:00-6:30p	<b>12/21</b> <b>Sr1</b> 8:15-10a & 3:00-6:00p <b>Sr2 &amp; Sr3</b> 2:30-5:00p <b>Prep</b> 9:15-11:45a <b>Jr</b> 6:15-8:15p <b>Gold</b> 5:30-7:00p <b>Pre</b> 5:15-6:00p	<b>12/22</b> <b>Sr1</b> 3:00-6:00p <b>Sr2 &amp; Sr3</b> 7:30-9:00a & 2:30-5p <b>P1</b> 9:15-11:00a <b>Prep</b> 6:15-8:30p <b>Blue</b> 5:00-6:30p	<b>12/23</b> <b>Sr1</b> 8:15-10a & 3:00-6:00p <b>Sr2</b> 7-8:30a & 2:30-5:00p <b>Sr3</b> 2:30-5:00p <b>Prep/Jr</b> 6:15-8:30p <b>Blue/Gold</b> 5:30-7:00	<b>12/24</b> <b>Sr1</b> 8:00-10:30a <b>Sr2 &amp; Sr3</b> 7:00-9:00a <b>Prep/Jr</b> 9:45a-12noon	<b>12/25</b> Merry Christmas!
<b>12/26</b> <b>Sr1</b> 8:15-10a & 3:00-6:00p <b>Sr2 &amp; Sr3</b> 7-8:30a & 2:30-5:00p <b>Prep/Jr</b> 6:15-8:30p <b>Gold</b> 5:30-7:00p <b>Pre</b> 5:15-6:00p	<b>12/27</b> <b>Sr1</b> 7:45-10:00a <b>Sr2 &amp; Sr3</b> 2:30-5:00p <b>P1</b> 9:45-11:30a <b>Prep/Jr</b> 5:45-8:00p <b>Blue</b> 5:00-6:30p	<b>12/28</b> <b>Sr1</b> 8:15-10a & 3:00-6:00p <b>Sr2 &amp; Sr3</b> 7-8:30a & 2:30-5:00p <b>Prep</b> 6:15-8:45p <b>Jr</b> 6:15-8:15p <b>Gold</b> 5:30-7:00p <b>Pre</b> 5:15-6:00p	<b>12/29</b> <b>Sr1</b> 2:30-5:30p <b>Sr2 &amp; Sr3</b> 8:00-10:30a <b>P1</b> 9:30a-11:00a <b>Prep</b> 5:45-8p <b>Blue</b> 5-6:30p	<b>12/30</b> <b>Sr1</b> 8:15-10a & 3:00-6:00p <b>Sr2</b> 7-8:30a & 2:30-5:00p <b>Sr3</b> 2:30-5:00p <b>Prep/Jr</b> 6:15-8:30p <b>Gold</b> 5:30-7:00	<b>12/31</b> <b>Sr1</b> 8:00-10:30a <b>Sr2 &amp; Sr3</b> 7:00-9:00a <b>Prep/Jr</b> 1045a-1:00p <b>Blue/Gold</b> 10:00-11:30a	<b>1/1</b> Happy New Year!
<b>1/2</b> <b>Sr1</b> 8:15-10a & 3-6p <b>Sr2</b> 7-8:30a & 2:30-5p <b>Sr3</b> 2:30-5:00p <b>Prep/Jr</b> 6:15-830p <b>Gold</b> 5:30-7:00 <b>Pre</b> 5:15-6:00p	<b>1/3</b> <b>Sr1</b> 8:15-10a & 2:30-5:30p <b>Sr2 &amp; 3</b> 9:00-11:30a <b>P1</b> 8:30-10:00am <b>Prep/Jr</b> 5:45-8:15/7:45p <b>Blue</b> 5:00-6:30p	<b>1/4</b> <b>Sr1</b> 9:15-11:30a <b>Sr2 &amp; Sr3</b> 8:00-9:30a & 2:30-5:00p <b>Prep/Jr</b> 5:45-8:00p <b>Gold</b> 5:00-6:30p <b>Pre</b> 5:15-6:00p	<b>1/5</b> Regular schedule resumes			